Student Leadership Programme

acc sport
active students, healthier colleges

The Manchester College

Please share any photos using the space here.









Use this space to tell us about your project. What did you want to achieve? How did it go?

Our Glow Volleyball project was designed to promote physical and mental wellbeing while also contributing to environmental sustainability. This project provided a fun and engaging way for the students of The Manchester College to stay active, socialise, and improve their mental health. All while reducing electricity consumption through glow-in-the-dark equipment that requires minimal artificial lighting.

What was your biggest success?

The ablity to provide an inclusive, safe, and exciting volleyball experience for young people, including those who may not traditionally engage in sport.

What was your biggest learning?

Our biggest learning was the increase in participation and the encouragement of regular participation in sports after the event, leading to improved fitness.

How many students did you engage with as a part of your project? 49 (7 groups)

Delete as appropriate to your project. Female = 16 Male = 33